

Get The Help You Need To Recover From Addiction



**EVERY
DAY IN
RECOVERY
IS A
BETTER DAY.**

**Call 844-ReachNJ for
addiction help**

***Ask about Medication
that can Support Recovery***

1-844-REACHNJ ♦ 1-844-732-2465

ReachNJ is an addiction and treatment referral hotline that is answered 24 hours a day, 7 days a week by trained substance counselors familiar with the addiction treatment community in New Jersey. **ReachNJ** serves residents of all ages regardless of insurance status or ability to pay.

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NEW JERSEY ADDICTION HELPLINE

1-844-REACHNJ
reachnj.gov (1-844-732-2465)



People who overdose once are likely to overdose again, but appropriate addiction treatment can get you on the road to sustained recovery. The information in this brochure can help you get on that road to sustained recovery.

Essex County

**Local County Alcoholism and
Drug Abuse Director**

**Eileen Fishman
(973) 395-8402**



**Division of Mental Health
and Addiction Services**

1-800-382-6717

dmhas@dhs.nj.gov



Department of Human Services
Sarah Adelman, *Commissioner*

Essex County

Help That Can Save Your Life



State of New Jersey

Phil Murphy, Governor
Tahesha Way, Lt. Governor



Opioid Overdose Recovery Program (OORP)

The OORP responds to individuals who are brought to the emergency room after having been reversed from an opioid overdose. This free program uses recovery specialists and patient navigators to provide assistance, support, and referral information. The recovery specialists and patient navigators will maintain follow up for up to eight weeks after initial contact. Additionally, recovery coaches and patient navigators will link you to services and provide support and resources throughout the eight weeks.

Essex County Opioid Overdose Recovery Program

RWJBarnabas Health Institute for Prevention and Recovery: 848-303-0008

Telephone Recovery Support (TRS)

Peers provide weekly telephone recovery support calls to people seeking recovery from opioid addiction. Confidential, free information and support. Call 833-825-5877 (833-TALKTRS).



Opioid Overdose Prevention Program (OOPP)

The OOPP provides free education for individuals at risk for an opioid overdose, their families, friends and loved ones to recognize an opiate overdose and to subsequently provide life-saving rescue measures to reverse the effects of an opioid overdose.

Northern Region Opioid Overdose Prevention Program

Morris County Prevention is Key: 973-625-1143

Community Peer Recovery Centers (CPRC)

CPRCs are a place where individuals can access free peer support, information about substance use disorder treatment, recovery support services, and information about other community resources in a supportive substance free environment.

PIK CARES-Center for Addiction Recovery, Education and Success:
973-625-1143

Support Team for Addiction Recovery (STAR)

The STAR program provides free case management and recovery support services for individuals with opioid use disorders. Case managers will work with you to assist with issues that often come with an opioid abuse disorder, such as homelessness, incarceration, legal issues, employment, education, transportation, need for social services, health care, child welfare involvement, child care, health insurance and documentation. The program's recovery specialists will provide assistance and recovery support services. The goal is to help you remain in the recovery zone for as long as possible, help to reduce the risk of recurring episodes of opioid-related problems and prevent future overdose.

Essex County Support Team for Addiction Recovery

RWJBarnabas Health Institute for Prevention and Recovery: 732-837-9401

Family Support Center (FSC)

The FSC provides free support to family members who are struggling with their loved one's substance use disorder. The Center offers support, education, resources and advocacy in an environment that is safe and non-discriminatory. Through the Center, families are taught self-protection along with non-confrontational skills to help empower their loved one to seek recovery.

Northern Regional Family Support Center
Care Plus, NJ: 201-265-8200, x5529

Maternal Wrap Around Program (M-WRAP)

MWRAP is a statewide initiative that provides free intensive case management and recovery support services for pregnant women with substance use disorder during pregnancy and up to one year after the birth event.

Rutgers University Behavioral Health Care

Maternal Wrap Around Program: 732-235-5000



NALOXONE SAVES LIVES

Available for free and anonymously at participating pharmacies.